

Walk with me

A small score for wandering, outside

Although, you can do it inside too

Print or write
the list that follows out on a piece of paper &
take it with you where you go

With each new line – move,
find a new place &/or position to be

Give or make as much space &/time
as you can between each

Take me out

Take me somewhere bright

Take me somewhere dark

Take me somewhere big

Take me somewhere
small

Somewhere loud

Somewhere
(quiet)

Somewhere wet

Somewhere dry

Take me
Home

Rest